

The 5Ps Perinatal Substance Use Screen for Alcohol and Drugs

The 5Ps* is an effective tool of engagement for use with pregnant patients who may use alcohol or drugs. This screening tool poses questions related to substance use by the patient's 5Ps: parents, peers, partners, past, and during pregnancy. These non-confrontational questions elicit genuine responses which can be useful in evaluating the need for a more complete assessment and possible treatment for substance use.

State at the beginning that the patient's responses are confidential (*Refer to script*)
A **single "Yes"** to any of these questions indicates further assessment is needed.

1. Did any of your parents have problems with alcohol or drug use?
 No Yes
2. Do any of your friends (peers) have problems with alcohol or drug use?
 No Yes
3. Does your partner have problems with alcohol or drug use?
 No Yes
4. Before you were pregnant did you have problems with alcohol or drug use? (past)
 No Yes
5. In the past month, did you drink beer, wine, liquor, or use any other drugs? (pregnancy)
 No Yes

Staff Signature: _____

Date: _____

Interpreter Used: No Yes Interpreter's Name: _____

275 East Main St.
Frankfort, Kentucky 40621

Email: KyPQC@ky.gov



*The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990).