

# The 5Ps Perinatal Substance Use Screen for Alcohol and Drugs

The 5Ps\* is an effective tool of engagement for use with pregnant patients who may use alcohol or drugs. This screening tool poses questions related to substance use by the patient's 5Ps: parents, peers, partners, past, and during pregnancy. These non-confrontational questions elicit genuine responses which can be useful in evaluating the need for a more complete assessment and possible treatment for substance use.

State at the beginning that the patient's responses are confidential (*Refer to script*)  
A **single "Yes"** to any of these questions indicates further assessment is needed.

1. Did any of your parents have problems with alcohol or drug use?  
☐ No ☐ Yes
2. Do any of your friends (peers) have problems with alcohol or drug use?  
☐ No ☐ Yes
3. Does your partner have problems with alcohol or drug use?  
☐ No ☐ Yes
4. Before you were pregnant did you have problems with alcohol or drug use? (past)  
☐ No ☐ Yes
5. In the past month, did you drink beer, wine, liquor, or use any other drugs? (pregnancy)  
☐ No ☐ Yes

Staff Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Interpreter Used: ☐ No ☐ Yes Interpreter's Name: \_\_\_\_\_

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\*The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990).